



I Know Our Ocean

User Guide



Seaful



INTRODUCTION

This resource pack is designed as a complete course, focusing on the seven 'Blue building blocks' or seven principles of Ocean Literacy which, as defined by the UN, is :

'an understanding of the ocean's influence on you and your influence on the ocean'

Each principle has its own themed workshop. Whilst we recommend you complete all seven, each one can be used as a standalone session. A blue ribbon connects all themes, to demonstrate their interconnectedness. Each workshop requires a facilitator to lead the session, but they do not need any background in the subject matter, just enthusiasm!

Each workshop has a set of learning outcomes for the audience 'to know' and a set of tiered activities, which are **colour coded** as follows:

- **A starter session:** Quick, easy, ice breaker activity for all user groups, to unpack the theme and get the participants thinking (15 minutes approx)
- **A group activity:** Longer, creative tasks for group learning in a team based way (30 minutes to 1 hour approx)
- **A follow on activity:** Extended session for school groups, including desk based learning (2+ hours)
- **Extra resources:** For use as needed and for those that are super engaged with the theme

LEADER NOTES:

- Starter sessions and group activities can be done anywhere, weather permitting, but follow on activities are designed to be classroom based.
- Some activities required basic resources, but these have been kept to a minimum.
- It is recommended that workshop plans be printed or projected where possible.
- A glossary of terms and facts is provided for reference where needed.

